



SEED STARTING GUIDE

Growing Zone 5: Last Average Day of Frost May 15th

Crop	# of Weeks to Start Indoors Before Last Frost Date	Date to Start Seeds*	Planting Time Relative to Last Frost Date**
Basil	6	Apr 6	1 week after
Broccoli / Cauliflower	4 to 6	Mar 6 – Mar 20	2 weeks before
Cabbage	4 to 6	Mar 6 – Apr 17	4 weeks before
Chives	8 to 10	Feb 13 – Feb 20	2 to 3 weeks before
Cucumber	3 to 4	Apr 24 – May 1	1 to 2 weeks after
Eggplant	8 to 10	Mar 20 – Mar 27	2 to 3 weeks after
Kale	4 to 6	Mar 6 – Mar 20	4 weeks before
Leeks	8 to 10	Feb 13 – Feb 20	2 weeks before
Lettuces / Greens	4 to 5	Mar 13 – Apr 17	3 to 4 weeks before
Melons	3 to 4	Apr 24 – May 8	2 weeks after
Onions	8 to 10	Feb 6 – Feb 20	4 weeks before
Parsley	9 to 10	Feb 13 – Feb 27	2 to 3 weeks before
Peas	3 to 4	Mar 27 – Apr 17	4 to 6 weeks before
Peppers	8 to 10	Mar 6 – Mar 20	2 weeks after
Pumpkins	3 to 4	Apr 24 – May 1	2 weeks after
Spinach	4 to 6	Feb 27 – Mar 20	3 to 6 weeks before
Squash	3 to 4	Apr 24 – May 1	2 weeks after
Tomatoes	6 to 8	Mar 17 – Apr 17	1 to 2 weeks after

*Starting dates are approximate based on Zone 5 last average day of frost.

**Planting time relative to the last frost date is approximate. Spring weather conditions in Zone 5 may affect planting times!



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