



How to Decide What to Grow in Your Garden

Deciding what to grow in your garden can be a challenge with the many choices of vegetables, herbs, and fruit varieties available today. The questions below will help you begin your journey to discovering what you or your family eats and what you could potentially grow in your garden.

What vegetable/herb/fruit (VHF) do I love to eat or grow?

What VHF do I eat and purchase from the store or farmer's market on a regular basis? Of these, what could I grow myself?

What VHF are important to have "fresh and directly from the garden?"

What VHF tastes better when grown from a home garden?

What VHF varieties do I eat that are hard to find (unique or specialty produce, or specific varieties of produce like heirlooms, etc.)?

What are the high-value (expensive to purchase) VHF that I consume (think red bell peppers, English cucumbers, etc.) that I can grow.

What VHF do I want to preserve (canning, freezing, drying, etc.)?